

HOMER FOUNDATION, Inc.
EDUCATIONAL ASSISTANCE PROGRAM
SCHOLAR'S SEMESTRAL REPORT

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Scholarship Type	WESTFAL LARSEN - MASTERBULK
Yr. Level & Course	4 th yr BS Nursing
School	Manila Doctors College

Life experiences make a person understand their mistakes and endure obstacles that come in their way. Whenever I am asked of what I experienced in my 3rd year in Nursing, the things that come to my mind are the hardships, challenges, learning and forever binding friendships that I have gained. Being a 3rd year nursing student was really tough and challenging. As many nursing graduates have said, 3rd year is the hardest part of nursing course. Now I understand why they say that. With all those 4 hours-per-subject classes, 20+ pages of paper works every rotation, return demonstrations, micro case and grand case presentations, thesis, and an eight-hour duty with a terror clinical instructor, yes, I can say that 3rd year was definitely the most tough, challenging and memorable year level for me.

One of the memorable experiences I had of being a third year student was our duty rotation on O.R/D.R (Operating/Delivery room) in Diosdado. It was my first time to be rotated on O.R and still fresh from Christmas vacation. Our C.I (clinical Instructor) has allowed us to observe and gave a few instructions and information on what to expect during actual procedures. As I am silently standing outside watching intently of a scheduled caesarian operation through the glass windows, as the Surgeon started doing the incision procedures, I felt wobbly and dizzy to the point that I nearly fainted! I immediately informed my C.I and excused myself. I was really embarrassed during that time and so I apologized to my C.I for the slight disturbance after the operation. She said that it was all right and that there are really times that some students even collapse during procedures. I'm really thankful to her for being very understanding as it was my first time seeing an actual operation.



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Manila Doctors Hospital "3C" is one of the most challenging and best wards rotations I have ever been because it is where I gained more knowledge and experience in doing actual nursing procedures. It is also the most toxic area in the whole hospital as I handled 2-3 patients/duty. Whew!



Doing group paper works were a great challenge for us. It makes us more united as we aim for the same goal and it also test our sense of responsibility in doing our assigned task on time. We also try to enjoy it as much as possible to lessen the pressure of our work.



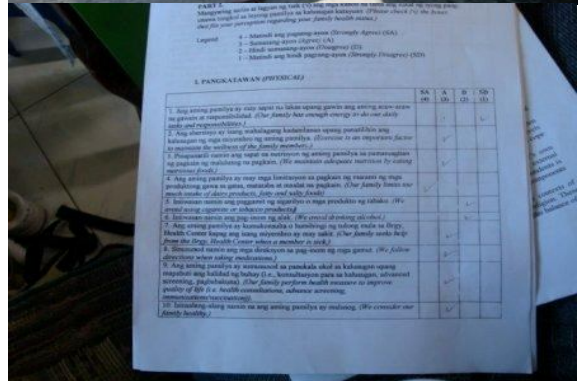
OPD duty in Tondo Health Center

Measles outbreak was reported during the time of our rotation in Tondo. The health care workers organized a community immersion on some selected barangays where they encouraged the parents to have their children vaccinated. We were in charge of giving vitamin A and also writing the names and some information of the children who will be vaccinated.



Thesis work =)

Me and my group mates visited and surveyed a depressed area in Paranaque City about their current family health status.





These experiences have taught and help me realized many things. My goal is not only about to pass the board exam or to be able to graduate; it is also about the way to care the patients even if you are only a student nurse, and to do the right things for the benefits and good of the patient. Punctuality is also one of the best things I have learned in all of my duties. Time is gold for every patient who's in need of care.

- AROBELLE GAY CAREY